

# SINGLES CHOP BUILDING EXERCISE

The exercise consists of seven staves of music. Each staff begins with a square box, likely for a metronome setting. The first staff is marked with a common time signature 'C'. The music is written on a single-line staff with a treble clef. The patterns are as follows:

- Staff 1: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.
- Staff 2: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.
- Staff 3: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.
- Staff 4: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.
- Staff 5: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.
- Staff 6: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.
- Staff 7: Four measures of eighth-note groups. Measure 1: 8 notes. Measure 2: 8 notes. Measure 3: 8 notes. Measure 4: 8 notes.

- 1) PLAY EACH MEASURE 4X
- 2) USE SINGLE STROKES ONLY
- 3) GO BACKWARDS WHEN DONE

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